



MOTHER THERESA ENGLISH MEDIUM SCHOOL

Affiliated to CBSE, New Delhi, Aff. No.-130687

(AUNIT OF MOTHER THERESA INSTITUTIONS)

Lingapuram (V), Muthukur (P), Peddapanjani (M), Chittoor, Andhra Pradesh, India-517247



Circular No. - MTS219

Date – 19/06/2025

Subject – Celebration of International Yoga Day

Dear Parents,

Greetings!

“Yoga for One Earth, One Health”.

We are delighted to announce that our school will be celebrating International Yoga Day on 21st June 2025. We encourage our students to participate in the activities planned to promote the benefits of yoga for physical and mental health.

Specific Instruction: Students are encouraged to bring their own yoga mats.

We believe that this celebration will be a great opportunity for everyone to experience the positive impact of of yoga on their well-being.

Warm regards,

Principal